

PRACTICE THE BREACH BEFORE IT HAPPENS.

If you're not prepared, you won't know what to do. A tabletop exercise walks your leaders through a realistic cyberattack, in a meeting room instead of a crisis.

THE HARD QUESTION

WOULD YOU SHUT OFF YOUR INTERNET TO STOP AN ATTACK?

Pulling the plug can stop an attacker from spreading and stealing data. It can also stop your phones, email, payments and sales. Who makes that call, and how fast? Decide now, not at 2 a.m.

\$1.3M

lower cost, on average, when a breach is contained in under 200 days.

IBM Cost of a Data Breach Report 2026

QUESTIONS WE ANSWER TOGETHER

- ✓ Who is in charge, and who can order a shutdown?
- ✓ Who do we call first: IT, insurer, lawyer, bank?
- ✓ How do we keep working without internet?
- ✓ When do we tell customers and regulators?
- ✓ Are backups ready, and how long does a restore take?
- ✓ What does our cyber insurance require us to do?

PLAN AND PRACTICE AHEAD

1 PLAN

Build your incident response plan and emergency contact list.



2 PRACTICE

BCS guides your team through a realistic attack scenario.



3 IMPROVE

Fix the gaps, update the plan and practice again each year.

FREE CYBERSECURITY ASSESSMENT

Find out if your business is ready for its worst day.

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